

# **Teeth Whitening Strips**

#### **User manual**

## Warning:

- 1. Not intended for children under 16 years of age.
- 2. Do not swallow the strip.
- 3. Avoid contact of the strips with eyes or skin.
- **4.** If the strip comes into contact with the skin, it may cause temporary skin irritation.
- **5.** Stop using and consult a dentist immediately if any discomfort occurs.
- **6.** Not suitable for people with ulcers, exposed gums, or after oral surgery.

## Instructions for Use:

- 1. Remove the strips from the backing.
- **2.** Apply the upper strip to the upper teeth, and repeat this with the lower teeth.
- 3. Leave on for 30 minutes; avoid eating or drinking.
- **4.** Remove and dispose of the strips, rinse off any remaining gel if necessary, and admire the result.

#### Shelf Life:

2 years

## Storage:

Store in a dry and cool place (keep out of reach of young children).

### Disposal:

Dispose of the product after use in accordance with local regulations.

## **Important Tips:**

- 1. Use the teeth whitening strips regularly, every three months, for a whiter and brighter smile.
- 2. Reduce or avoid smoking, and drinking coffee, tea, cola, or red wine, as well as eating strongly colored foods such as cherries and blueberries to achieve a better and longer-lasting effect.
- 3. Use all strips within two weeks for the best result.

## **User Guide:**

- **1.** Avoid using the strips immediately after brushing your teeth. Wait at least one hour after brushing before using the strips.
- 2. Do not reuse the strips; dispose of them after one use.
- **3.** The ingredients of the strips are safe; if a small amount of gel is swallowed, it is completely harmless.
- **4.** Remove any remaining gel by brushing and rinsing your teeth.